

SECTION VI SPORTS SEASON CALENDAR 2019-2020

Revision Date: 5/8/19

SPORT	First Possible Practice	Team & Individual		Rules	State Championship	Season Ends	Seeding Meeting *subject to change*
		Practices Required Prior to Scrimmage or Contest	Maximum No. Contests				
FALL SPORTS							
Cheerleading	8/19	6	12	NFHS	3/7	12/1	
Cross Country B / G	8/19	6	16	NFHS	11/16	12/1	
Field Hockey	8/19	6	16	NFHS	11/16-11/17	12/1	10/18
Football	8/19	10	10	NFHS	11/29-12/1	12/1	10/20
Golf Boys (fall) Golf Girls (fall)	8/19	6	16	USGA & local course	See spring	12/1	
Gymnastics	8/19	10	16	USAGJO	2/29	12/1	
Soccer Boys	8/19	6	16	NFHS	11/16-11/17	12/1	10/19
Soccer Girls	8/19	6	16	NFHS	11/16-11/17	12/1	10/19
Swimming Girls	8/19	6	16+	NFHS	11/23-11/23	12/1	
Tennis Girls	8/19	6	16	USTA	11/2-11/3	12/1	10/20
Volleyball Boys	8/19	6	20	NCAA WVB	11/23	12/1	10/29
Volleyball Girls	8/19	6	20	NCAA WVB	11/23-11/24	12/1	10/26
WINTER SPORTS							
Basketball Boys	11/11	6	20	NFHS	3/20-3/22	3/29	2/22
Basketball Girls	11/11	6	20	NCAA	3/20-3/22	3/29	2/22
Bowling B / G	11/11	6	20	USBC	3/13-3/15	3/29	
Cheerleading	11/11	6	12	NFHS	3/7	3/29	
Ice Hockey Boys	11/11	6	20	NFHS	3/14-3/15	3/29	2/10
Ice Hockey Girls	11/11	6	20	NFHS	TBA	3/29	2/10
Rifle	11/11	6	16	NRA	3/7	3/29	
Skiing	11/11	6	16	FIS & USSA	2/24-2/25	3/29	
Swimming Boys	11/11	6	16+	NFHS	3/6-3/7	3/29	
Winter Track B / G	11/11	6	16+	NFHS	3/7	3/29	
Wrestling	11/11	10	20 pts. +	NFHS	2/25-2/29	3/29	2/5
SPRING SPORTS							
Baseball	3/9	10	20	NFHS	6/12-6/13	6/14	5/20
Baseball Battery	3/9	10	20	NFHS	6/12-6/13	6/14	
Golf Boys (spring)	3/9	6	16	USGA & local course	6/6-6/8	6/14	
Golf Girls (spring)	3/9	6	16		6/5-6/7	6/14	
Lacrosse Boys	3/9	6	16	NFHS	6/13	6/14	5/13
Lacrosse Girls	3/9	6	16	US Lacrosse	6/12-6/13	6/14	5/23
Softball	3/9	6	20	ASA	6/13	6/14	5/20
Tennis Boys	3/9	6	16	USTA	6/4-6/6	6/14	5/17
Track B&G	3/9	6	16+	NFHS	6/12-6/13	6/14	

+ indicates maximum number of contests an individual competitor may participate

Future Start dates: 2020-2021 Fall = 8/24/20, Winter = 11/16/20, Spring = 3/15/21

DEVIATIONS

Girls Swimming (winter): NO League
 Girls Tennis (spring) Buffalo
 Boys Golf (fall): ECIC, NFL, NO

EXAM DATES

PSAT: Wed. 10/16/19 & Sat. 10/19/19
SAT: 8/24/19, 10/5/19, 11/2/19, 12/7/19, 3/14/20, 5/2/20, 6/6/20
ACT: 9/14/19, 10/26/19, 12/14/19, 2/8/20, 4/4/20, 6/13/20, 7/18/20
Regents: 1/22-1/25/20 *6/2 *Global/Geography II, 6/17-6/26/20

**SECTION VI
SPORTS SEASON CALENDAR 2019-2020**

SPORT	First Possible Practice	Team & Individual		Rules
		Practices Required Prior to Scrimmage or Contest	Maximum No. Contests	
MODIFIED FALL SPORTS				
Cross Country	8/19	6	10	NFHS
Field Hockey	8/19	6	12	NFHS
Football	8/19	10	7	NFHS
Soccer	8/19	6	12	NFHS
Volleyball	8/19	6	14	NCAA
MODIFIED WINTER SPORTS				
Basketball-Boys	11/11	6	14	NFHS
Basketball-Girls	11/11	6	14	NCAA
Swimming	11/11	6	14	NFHS
Wrestling	11/11	10	14pts	NFHS
MODIFIED SPRING SPORTS				
Softball	3/9	6	14	ASA
Baseball	3/9	10	14	NFHS
Baseball pitcher	3/9	10	14	
Track	3/9	6	10	NFHS
Lacrosse-Boys	3/9	6	12	NFHS
Lacrosse-Girls	3/9	6	12	US Lacrosse/ NFHS

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